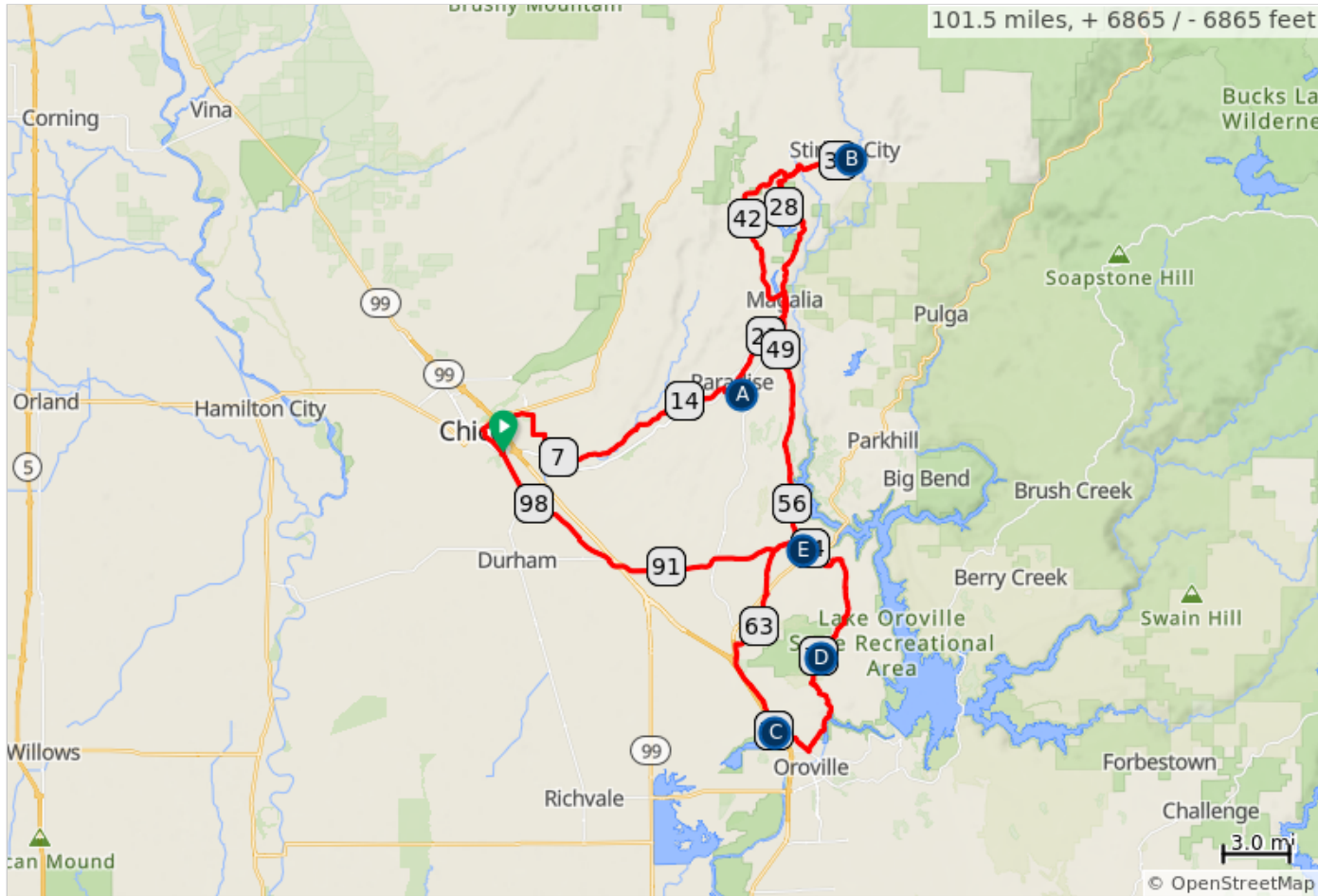
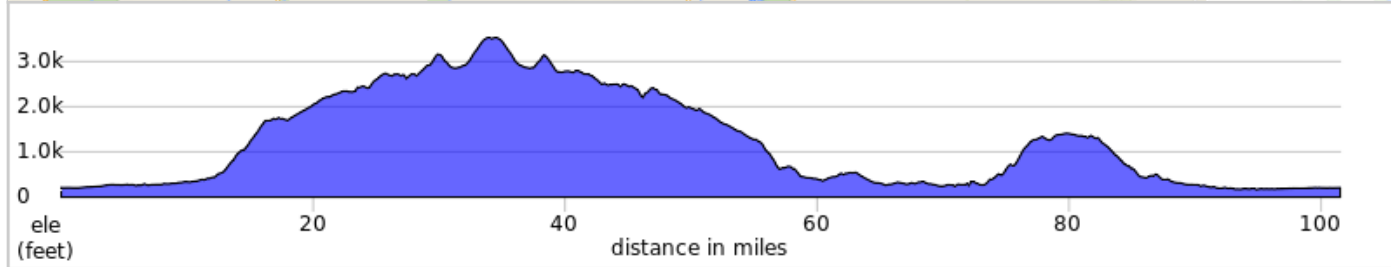


2024 Mountainflower 100



- A. Paradise School Rest Stop
- B. Stirling City Rest Stop
- C. Thermalito Forebay Rest Stop
- D. Table Mt. Rest Stop
- E. Spring Valley School Lunch Stop



2024 Mountainflower 100

Num	Dist	Type	Note	Next
1.	0.0	📍	Start of route	0.2
2.	0.2	←	R onto Fair St	0.5
3.	0.6	↑	Continue onto Mulberry St	0.4
4.	1.1	↑	Mulberry St turns slightly R and becomes Cypress St	0.3
5.	1.4	→	R onto CA-32 E/E 9th St	0.8
6.	2.2	→	R onto Fir St	0.1
7.	2.3	←	Fir St turns slightly L and becomes Humboldt Rd	1.6
8.	3.9	→	R onto Bruce Rd	0.9
9.	4.8	←	L onto E 20th St	0.5
10.	5.3	→	R onto Steve Harrison bike path	0.9
11.	6.2	←	L to continue on bike path	0.2
12.	6.4	←	Exit bike path and continue onto Honey Run Rd	9.8
13.	16.2	→	R onto Skyway	0.1
14.	16.3	←	L onto Pearson Rd	0.2
15.	16.6	↑	Continue on Pearson to rest stop before backtracking to Paradise Bike Path up to Sterling City	0.6
16.	17.2	→	R onto Recreation Dr	0.0
17.	17.2	←	L out of rest stop to backtrack to Paradise Bike Path up to Sterling City	0.7
18.	17.9	→	R onto Yellowstone Kelly Heritage Trail	4.2
19.	22.1	↑	Exit bike path onto New Skyway	1.0
20.	23.1	→	R onto Coutolenc Rd	7.0
21.	30.1	→	R onto Skyway	3.8
22.	33.9	→	R onto Retson Rd	0.3
23.	34.2	←	L into Merlo Park Rest Stop	0.0
24.	34.2	↻	Make a U-turn to return to Skyway for descent	0.3
25.	34.5	←	L onto Skyway	3.8
26.	38.4	↑	Continue straight on Skyway to continue descent	8.2
27.	46.5	→	R on Skyway Road to continue descent	0.9
28.	47.4	↑	Straight onto Pentz Rd to continue descent	10.5
29.	57.9	→	R onto Durham-Pentz hwy (Optional- Continue straight for lunch stop before Table Mt. Loop)	1.4
30.	59.3	←	L onto Wheelock Rd	2.0
31.	61.3	↑	Straight to cross Hwy 70 onto Coal Canyon Rd. USE CAUTION.	3.2
32.	64.5	←	L onto Table Mountain Blvd	4.8

64.5 miles. +4994/-4865 feet

Num	Dist	Type	Note	Next
33.	69.3	➔	R onto Garden Dr towards Thermalito rest stop	1.1
34.	70.4	➔	R onto Table Mountain Blvd	1.2
35.	71.7	➡	L at roundabout onto Cherokee Rd	5.3
36.	77.0	▲	Table Mountain Rest Stop	6.8
37.	83.8	➡	L onto CA-70 W. USE CAUTION. Ride on shoulder.	0.5
38.	84.3	➔	R onto Pentz Rd	0.2
39.	84.5	➡	L into Spring Valley Lunch Stop	0.0
40.	84.5	➡	L onto Pentz Rd out of rest stop	0.3
41.	84.8	➡	L onto Durham-Pentz Rd	1.4
42.	86.2	↑	Continue on Durham-Pentz Rd passed Wheelock Rd	2.5
43.	88.7	↑	Straight through roundabout to continue on Durham-Pentz Rd	4.6
44.	93.3	↑	Continue onto Durham-Dayton Hwy across Hwy 99	0.5
45.	93.8	➔	R onto Oroville-Chico Hwy	4.9
46.	98.7	➔	R onto Midway bike path	2.3
47.	101.0	➔	R onto E Park Ave	0.1
48.	101.1	➡	L onto Fair St	0.2
49.	101.3	➔	R into Fairgrounds	0.2
50.	101.5	📍	End of route	0.0

37.0 miles. +1645/-1709 feet